



# Facilitator Guide

In order to maximize the impact of Hazing to Health on your campus, we recommend that you lead a 20-minute discussion with participants immediately following the webinar. The goal of this session should be to apply the lessons specifically to your community, prepare students to make changes and identify opportunities for follow through. Below are discussion questions, the webinar agenda, facilitator notes and other information which will help you prepare.

## Outline

- Introduction
- From Hazing to Health
- Five Factors
- POP QUIZ!
- Getting Healthy
- Q&A and Closing

## Notes

Please print and distribute a copy of the “Hazing to Health” handout to every participant. Please consider double-sided printing in order to conserve paper. Every participant will need a writing utensil.

The “Pop Quiz!” activity involves a short, personal reflection. Please ensure that participants are working quickly and silently on their own at this point.

During “Getting Healthy” there is a short, simple activity. Participants will partner with a neighbor and stand back-to-back. One partner will describe a symbol displayed on screen while the other attempts to draw it based on instructions. The presenter will provide instructions but please facilitate the process by watching the time, announcing the switch and quieting the group after the activity.

Due to the constraints of time and technology, Hazing to Health is unable to address every concern that will arise. As a result, you should prepare for the following topics to come out during the discussion:

- Relevance: “That’s great in theory, but it won’t work in our chapter.”
- Leadership: “How do we confront current practices and create change?”
- Empowerment: “It’s not my job. There’s nothing I can do.”
- Application: “How do I change [a specific program] to make it healthier?”
- Residual Dominance: “New members still have to work hard and earn it!”

## Discussion Questions

- Has your understanding of hazing changed? How?
- What ideas did you find most relevant to our campus?
- What changes could we make to improve the health of our chapters?
- How does this apply to other organizations (non-fraternity/sorority) on campus?
- How can we educate our fellow members about this concept?
- What steps do we take to implement these ideas and when do we talk about it again?